

LEARNING & DEVELOPMENT

Allina Health Spine Nursing Symposium

Monday, March 28, 2016

RADISSON BLU
AT THE MALL OF AMERICA,
BLOOMINGTON, MN




AllinaHealth

TARGET AUDIENCE

Advance practice nurses, nurses, case managers, and other health care professionals who would like to build or update their knowledge in the care of patients with spinal disease.

PURPOSE

The Allina Health Spine Nursing Symposium provides Registered Nurses the opportunity to learn about current issues, new research, evidence-based practices and cutting edge technology in the Spine (orthopedic and neuroscience) patient population. In addition to core lectures, case presentations will be incorporated into the symposium.

OVERVIEW

Allina Health is pleased to offer a Spine Nursing Symposium. The Spine Symposium is an educational conference specifically designed for Registered Nurses to enhance learning about new research, improved care processes and cutting edge technology. The lectures will focus on tips and tricks to provide optimal management for the spine patient. Allina Health treats more than 4,000 patients annually from around the world and performs one of the largest number of spine procedures in the United States each year. We are a Center of Excellence and dedicated to the comprehensive management of spinal conditions.

Abbott Northwestern is cited yearly in US News & World Report as one of the nation's best hospitals in neurology, neurosurgery and orthopedics, including spine and spinal surgery. Abbott Northwestern, Mercy Hospital and United Hospital have received the Blue Cross Center for Distinction Award. This breadth of experience and expertise contributes to our national and international reputation as a leader in the diagnosis and treatment of spine-related disorders.

OBJECTIVES

1. Describe the general management of cervical disc herniation, lumbar instability, and low back pain.
2. Discuss the prevalence and incidence of acute/chronic back pain.
3. Identify pain self-management skills and interventions to target the central nervous system and methods to actively self-manage pain.
4. Recognize and accommodate the needs of patients and families after spine surgery told from the patient perspective.

AGENDA

7:00 – 7:30	Registration, Continental Breakfast and Exhibits	
7:30 – 7:45	Welcome and Opening Remarks	Kate Radmer
7:45 – 8:30	The Backbone of Spinal Anatomy	Nick Rasmussen, PA-C
8:30 – 9:00	Spinal Fracture	Hart Garner, MD
9:00 – 9:45	The Aging Cervical Spine	Tim Garvey, MD
9:45 – 10:15	30 Min Morning Break and Exhibits	
10:15 – 11:00	Innovative Pain Management Practices in Spine Surgery Patients	Matt Kresl, PharmD, BCPS Rachel Root, PharmD, MS, BCPS
11:00 – 12:00	Patient & Family Panel Discussion	Sarah Arnold
12:00 – 12:50	Lunch Provided (50 mins)	
1:00 – 1:25	Breakout Session – Choose 1 1. How to Communicate Like a Pain Expert – Molly McNaughton, APRN, CNP 2. Mobility After Spine Surgery – Kerri DuPuis, OTR/L	
1:25 – 1:30	Return to Ballroom	
1:30 – 2:15	Who Heals the Healers	Laurie Drill-Mellum, MD, MPH
2:15 – 2:30	15 Min Break – Grab a Cookie and Beverage	
2:30 – 3:15	The Case for Empathy	Laurie Drill-Mellum, MD, MPH
3:15 – 4:15	How to Talk to Patients About the Need to Self-Manage Pain	Murray McAllister, PsyD, LP
4:15 – 4:30	Closing Remarks and Adjournment	

FACULTY

Sarah Arnold
Patient Experience Advisor
Hospital Division

Laurie Drill-Mellum, MD, MPH
Chief Medical Officer
Vice President of Patient Safety Solutions
MMIC

Kerri Dupuis, OTR/L
Lead Spine Therapist

Hart Garner, MD
Neurosurgeon
Metropolitan Neurosurgery, PA

Tim Garvey, MD
Staff Surgeon
Twin Cities Spine Center

Matt Kresl, PharmD, BCPS
Pharmacist Practitioner
Allina Health Clinics – East Lake Street,
Bloomington, Shakopee

Murray McAllister, PsyD, LP
Clinical Director of Pain Services
Courage Kenny Rehabilitation Institute™

Molly McNaughton, APRN, CNP
Nurse Practitioner, Chronic Pain Services
Abbott Northwestern Hospital

Nick Rasmussen, PA-C
Physician Assistant
Twin Cities Spine Center

Rachel Root, PharmD, MS, BCPS
Pharmacy Manager
Abbott Northwestern Hospital

PLANNING

**Kelly Gannon, MSN, APRN,
ACNS-BC, CNRN**
Neuroscience/Spine Clinical
Nurse Specialist
Abbott Northwestern Hospital

Krista Lee, BS
Program Specialist,
Learning & Development
Office of Accreditation

Katie Lorenzen, RN, BSN, ONC
Orthopedic Nurse Clinician
Mercy Hospital

**Megan Oldenburg, APRN, MSN,
ACNS-BC, ONC**
Orthopedic Spine and Skin CNS
United Hospital

Kate Radmer, MS, MBA
Manager
Operations & Clinical Programs

Lynda Sirek, RN, BSN
Spine Program Coordinator
Abbott Northwestern Hospital

Michelle Stenbeck, MSN, RN, CNML
Director of Patient Care
Neuroscience, Orthopaedic and
Spine Programs
Advanced Endoscopy Department
Abbott Northwestern Hospital

Tena Ubl, RN, BSN, NE-BC
Patient Care Manager
Abbott Northwestern Hospital

*Abbott Northwestern, Courage Kenny Rehabilitation Institute, Learning & Development,
Mercy Hospital, United Hospital are a part of Allina Health.*

CONFERENCE DETAILS

SYMPOSIUM DAY

\$150 tuition fee includes conference educational credits, materials, light continental breakfast, lunch and afternoon snack. To ensure a comfortable environment, attendance may be capped; early registration is recommended.

ACCREDITATION

Nurse - Pending

This activity has been submitted to the WNA CEAP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Pending 6.75 contact hours.

Physical Therapy - Pending

Minnesota Board of Physical Therapy credit approval is pending for 6.75 continuing education hours.

Other

Individuals representing other professional disciplines may submit conference materials to their respective professional associations for 6.75 hours of continuing education credit.

LOCATION & PARKING

Radisson Blu Mall of America, 2100 Killebrew Drive
Bloomington MN | 952-881-5258
The Lakes Ballroom

The Radisson Blu has a parking ramp and a surface parking lot, if there are any special parking instructions due to multiple events at the hotel you will be notified via your email address 7 days prior to the start of the conference.

SPECIAL NEEDS

Learning & Development is fully committed to accommodating the special needs of participants and will do everything possible for requests called in at least 7 business days in advance of the start date to 612-262-5038. Accommodations or special needs requested after that time frame cannot be guaranteed.

QUESTIONS

Contact Krista Lee at 612-262-5038 or krista.lee@allina.com

REGISTRATION

Allina Health Spine Nursing Symposium

Monday, March 28, 2016

Registration deadline: Wednesday, March 23, 2016

Tuition: \$150

Late and day of registration \$175

Go to **Eventbrite** and type in the search box **Allina Health Spine**.

Substitutions are accepted at any time. For cancellations received by Wednesday, March 24 a full refund will be issued. Notices after this date will not receive a refund. To complete your cancellation or substitution contact krista.lee@allina.com.

In the unlikely event the program is cancelled Allina Health is not responsible for costs incurred by participants such as hotel, travel, etc.

ALLINA HEALTH EMPLOYEE REIMBURSEMENT

If you are planning to use the Tuition/Education Claim Form to pay for this conference, you have two Claim Types to choose from:

- Advancement (prior to course) – Submit a copy of the brochure showing price, after the class a certificate of completion should be submitted to the HR Service Center.
- Reimbursement (after course) – Submit a copy of the certificate with proof of payment.

Submit these forms to the HR Service Center, MR 10700; Learning & Development is unable to process these forms. For questions regarding reimbursement call 612-262-4688.